BABIES FROM HEAD TO TOE

Good Books

Babies	Fujikawa	**BB FUJ**
Baby! Talk!	Gentiu	**BB GEN**
Tickly Under There	Gliori	**BB GLI**
Eyes, Nose, Fingers, & Toes	Hindley	**E HIN**
Counting Kisses	Katz	**E KAT**
Where is Baby's Belly Button?	Katz	**BB KAT**
I Like it When…	Murphy	**E MUR**

Songs & Rhymes

TUMMY BUTTON

These are baby's fingers,
These are baby's toes,
This is baby's tummy button
'round and 'round it goes.
These are baby's eyes,
This is baby's nose,
This is baby's tummy button
Right where Mommy blows!

UP AND DOWN
(tune: Farmer in the Dell)

The arms go up and down,
The arms go up and down,
Hi, ho, the derry-o,
The arms go up and down,
    Repeat with legs

KISSY GAME

Kissy, kissy fingers,
Kissy, kissy toes.
Kissy, kissy baby.
On your kissy nose.

Pretty, pretty fingers,
Pretty, pretty toes.
Pretty, pretty baby,
Pretty, pretty nose.

CLAP, CLAP, CLAP YOUR HANDS
(tune: Row, Row, Row Your Boat)

Clap, clap, clap your hands,
As slow as slow can be.
Clap, clap, clap your hands,
Do it now with me.
Clap, clap, clap your hands,
As fast as fast can be.
Clap, clap, clap your hands,
Do it now with me.
Roll, roll, roll your hands,
As fast as fast can be.
Roll, roll, roll your hands,
Do it now with me.
Stamp, stamp, stamp your feet
As fast as fast can be.
Stamp, stamp, stamp your feet,
Do it now with me.

CRISS CROSS APPLESAUCE

Criss, cross, applesauce *(draw an X on baby's back)*
Big squeeze *(hug baby)*
Cool breeze *(blow on back of baby's neck)*
Now you've got the shivers! *(tickle baby's tummy)*

TEN LITTLE TOESIES
(tune: Ten Little Indians)

One little, two little, three little toesies,
Four little, five little, six little toesies.
Seven little, eight little, nine little toesies.
Ten little tickely toes.

Fun Activities to Do
With Your Baby at Home

2+ months

Take an old, brightly colored sock and fill it with newspapers, tissues, or rags. Lay the baby on his back and put the sock ball on the baby's stomach. Roll it along the baby's body across the chest and up to the baby's neck. Does the baby attempt to reach for the sock ball or do his eyes just watch the movement? Repeat the activity and soon the baby will respond.
Skills developed - focusing on a moving object, eye-hand coordination

6+ months

Place a small toy, rattle or block inside a container with a lid. Close the lid, and shake the container to make a sound. Ask the baby what is inside. Open the container and let the baby peek inside. Then take the object out and let the baby look at it and feel it. Name the object and tell her to put it back in the container. Repeat as long as there is interest and then repeat at other times with different objects.   *Skills developed – listening, eye-hand coordination, association skills*

12+ months

Place in a row such items as a cup, a block, a plastic toy, a small stuffed animal, and a paper bag. Name each object and instruct him to put it in the bag. Ask the child to empty the bag and do it again. At another time, place the items in different areas of the room in clear view and ask the child to put the objects in the bag. Encourage the child to work independently.
Skill developed: listening, following directions, language enrichment
*Oberlander, June R. Slow & Steady Get Me Ready. Burke, VA: Bio-Alpha Incorporated, 2002.

Check out these great books…

Baby Minds: Brain-Building Games Your Baby Will Love   NF 649.122 ACR

A guide on how babies discover their world and how experiences during the first years of life can influence intelligence, creativity, language development and more.
Authors: Linda Acredolo, Ph.D. & Susan Goodwyn, Ph.D.

Games to Play with Babies   NF 790.1922 SIL

225 fun games divided into chapters by age, from birth – 12 months. Use the simple activities to not only have fun with your baby but to stimulate self-confidence, coordination, social skills and other developmental skills.   Author: Jackie Silberg
See also **Games to Play with Toddlers – NF 649.5 SIL**